

**JOB SAFETY STARTS WITH YOU!**

**Thank you for being a leader!**

**SAFETY COMMITTEE**

- Richard Ghilotti
- Brian Ongaro
- Joe Moreira
- Ali Yazdi
- Paul Donaldson
- Damon Calegari
- Julie Thornton
- John Klapperich
- Charly Whitney
- Gene Petrini
- Doug Homes

**Gracias! Jose Lara and Manny Morales...**

Ghilotti Construction Company would like to give special acknowledgment to Jose and Manny for their assistance with the translation of safety related documents to Spanish. GCC has initiated this process to ensure that our Spanish speaking, and reading, work force is educated on matters of safety. When it comes to safety, language is not an acceptable barrier to making sure that all employees are educated and aware of their individual roles with respect to safe work practices and conditions at the job site.

*Gracias, Jose and Manny for all your hard work and support of this process!*

**PREPARE TO STOP!**



The proper signs at the job site can make all the difference with determining the final cause of an accident. Clear markings and identification of this construction zone attributed to clearing GCC of any contributory responsibility for a collision that occurred between a motor vehicle and piece of equipment. Make sure your signs are up. If an incident occurs in your construction zone, take pictures of all traffic control and signs. It may help clear you, and GCC, from any direct or contributory negligence.

**Hwy 128, Sonoma County Job**

**Ways to Earn a Safety Raffle Ticket...**

- Employee participation in safety inspections
- Suggestions for new Tailgate Safety topics
- Reporting near-miss incidents
- Employee communication of identified hazardous conditions or work practices
- Completing Safety Quizzes
- Completing "Advanced" ClickSafety Programs
- Positive safety behavior that promotes safe work practices and job site conditions (*not including the required use of Personal Protective Equipment!*)

**PROCEDURAL REMINDERS:**

- Do not "make a deal" at the job site! All accidents must be reported, even if the other party states they will not be claiming damages. More often than not, the other party will end up filing a claim for reimbursement of damages. GCC is left in the position of having no knowledge of the incident or any way of disputing or confirming responsibility. Not reporting a claim, no matter how minor, is considered a willful violation of company policies and procedures.
- Before pulling/removing barricades, make sure the concrete is set...
- Incidents that are not directly related to, or caused by, GCC, or do not result in property damage or bodily injury, should still be reported on the Daily Time Sheet or GCC Incident Report form. To be in compliance with Cal/OSHA, the Safety Committee needs to review incidents and near-misses to make sure that potential hazards are identified and corrected.

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***FIELD SAFETY INCENTIVE RAFFLE***

March 27, 2003 Drawing

**CONGRATULATIONS! Thank you...**

**Allan Hager**

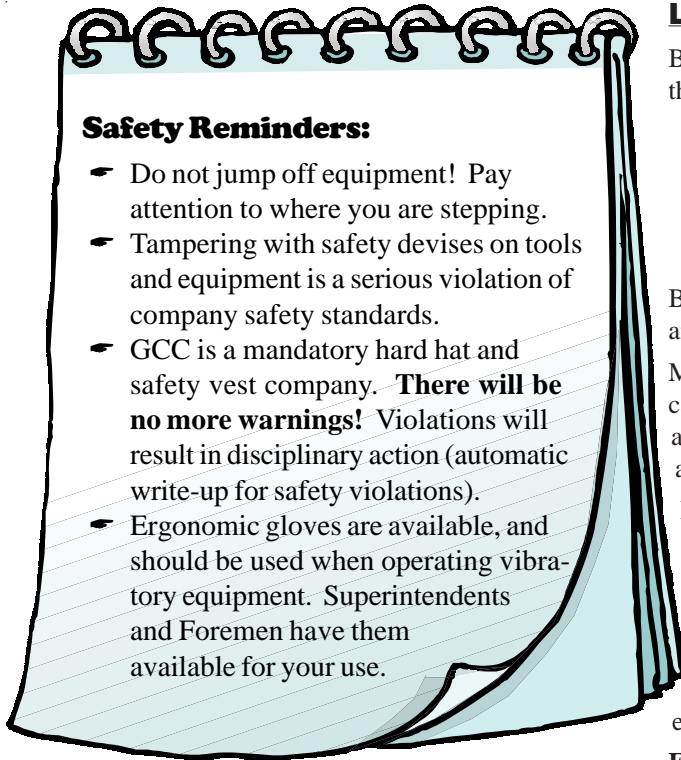
"One of the first 5 to complete ClickSafety" - Safety Committee

**Scott Groff**

"One of the first 5 to complete ClickSafety" - Safety Committee

**Don Wordon**

"For positive safety behavior/Being safe on the job" - JR Maffia



**Safety Reminders:**

- Do not jump off equipment! Pay attention to where you are stepping.
- Tampering with safety devices on tools and equipment is a serious violation of company safety standards.
- GCC is a mandatory hard hat and safety vest company. **There will be no more warnings!** Violations will result in disciplinary action (automatic write-up for safety violations).
- Ergonomic gloves are available, and should be used when operating vibratory equipment. Superintendents and Foremen have them available for your use.

**Leading Types of Injuries to Laborers:**

Based on statistics provided by the Laborers Health and Safety Trust, the 4 leading types of injuries are:

Head (including eyes and face)	9%
Arms (including hands and fingers)	19%
Leg (including knee and foot)	27%
<b>Trunk/Back</b>	<b>35%</b>

Back injuries account for 22% of workplace injuries among laborers, and cause about 1 in 100 construction workers to miss work each year.

Most back injuries are sprains and strains from lifting, lowering, carrying, pushing, and pulling materials. You are at risk of sustaining a low-back injury if you twist while carrying heavy loads, or stay in awkward positions for an extended period of time.

Back injuries cannot only limit your ability to work, but prevents you from enjoying other life activities. There are things that you can do to make sure you do not sustain injury to your back:

**Plan your tasks:**

Have materials delivered close to where they will be used. Use mechanical devices when possible (carts dollies, forklifts, hoists, etc.). Get assistance when moving heavy or awkward loads.

**Exercise:**

Exercise is necessary to strengthen the muscles that support your back and prevent future or recurring back injuries. *(Want to earn a safety raffle ticket? Start a stretching party at your job site!)*

**Posture:**

Poor posture can cause back pain. It places uneven pressure on your back, which can damage your joints and back muscles. Over a long period, poor posture can cause permanent damage to your back.

**SAFETY QUIZ** *(Correctly fill-in the answers and earn a Raffle Ticket!)*

Topic: Job Site Vehicles (Cal/OSHA Reg/Section 1597)

Fill in the Blanks: All vehicles shall have \_\_\_\_\_ lights in operable condition regardless of light conditions. Vehicles shall have a \_\_\_\_\_ brake system, an \_\_\_\_\_ brake system, and a \_\_\_\_\_ brake system.

*(Turn in to Santa Rosa dispatch no later than April 30, 2003)*



**Thanks to...**

The anonymous individual who brought to the safety committees attention the need for yard personnel to be aware of exposures to falling/flying objects and the need to wear hard hats when appropriate. A memorandum has been issued to all yard personnel, with information on Cal/OSHA requirements, with respect to head protection.

***Safety starts with you!***

Members of the Safety Committee want to help create a program that benefits all employees. Your input is important, so please do not hesitate to speak with any of the committee members, or complete a Safety Information Form available in dispatch. The GCC Safety Newsletter will be published bi-monthly. If there is a topic that you would like to see published, contact Julie @ (707) 585-1221.