

JOB SAFETY STARTS WITH YOU!
Thank you for being a leader!

SAFETY COMMITTEE

- Richard Ghilotti
- Brian Ongaro
- Joe Moreira
- Ali Yazdi
- Paul Donaldson
- Damon Calegari
- Julie Thornton
- John Klapperich
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YOU are the KEY to Accident Prevention

Experts in accident investigations and analysis have found that most accidents are "planned"! So as the old saying goes "accidents happen"... just isn't true. Statistics have shown that most accidents are the result of unsafe acts... people doing things that they know, by common sense and training, are not safe. Sometimes it is to "save time" and other times it is simply carelessness. You can prevent accidents from happening to you and others by always following procedures and being aware of your actions and surroundings.

Fatal Facts: Accident Report (NOT GCC RELATED!)

Accident Type: Heavy Equipment
 Employee: 34-year old Truck Driver
 Time on Job: 4-days

The contractor was operating a backhoe when an employee attempted to walk between the swinging superstructure of the backhoe and a concrete wall. As the employee approached the backhoe from the operator's blind side, the superstructure hit the victim, crushing him against the wall. **Inspection Results:** OSHA issued 2 citations to the employer. One was based on failure to train employees in safe work practices regarding the dangers of construction machinery. The other citation was for failure to erect barricades to prevent entry into a swinging superstructure's radius.

SAFETY QUIZ (Correctly fill-in the answers and earn a Raffle Ticket!)

Topics: Means of egress from trench excavations and fall protection

Question #1: A stairway, ladder, ramp or other safe means of egress shall be located in trench excavations that are ___ feet or more in depth so as to require no more than ___ feet of lateral travel for employees.

Question #2: Where employees or equipment are required or permitted to cross over excavations over ___ feet and wider than ___ inches, walkways or bridges with standard guardrails shall be provided. **Name:** _____ **Date:** _____

(Turn in to Santa Rosa dispatch no later than February 15, 2003)



Protect your eyes



Safety Glasses
 Goggles
 Face Shield

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- 1
- 1
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- 2
- 2

FIELD SAFETY INCENTIVE RAFFLE

December 31, 2002 Drawing

CONGRATULATIONS! Thank you...

Julie Cole

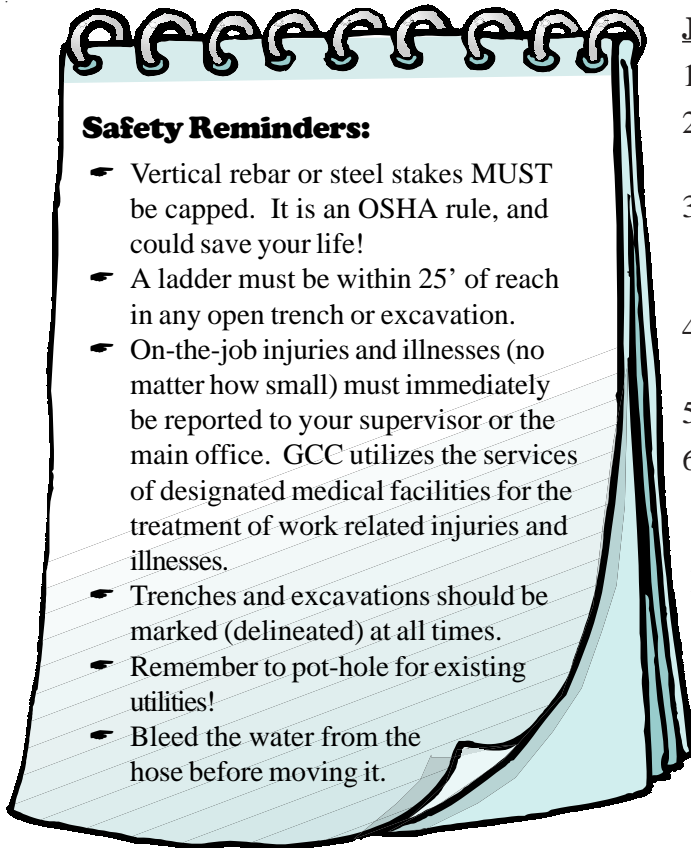
"For excellent use of PPE" - John Klapperich

Mike Barker

"For correctly completing the Accident Safety Puzzle" - GCC Safety Committee

Tony Miller

"For correctly completing the Accident Safety Puzzle" - GCC Safety Committee



Safety Reminders:

- Vertical rebar or steel stakes **MUST** be capped. It is an OSHA rule, and could save your life!
- A ladder must be within 25' of reach in any open trench or excavation.
- On-the-job injuries and illnesses (no matter how small) must immediately be reported to your supervisor or the main office. GCC utilizes the services of designated medical facilities for the treatment of work related injuries and illnesses.
- Trenches and excavations should be marked (delineated) at all times.
- Remember to pot-hole for existing utilities!
- Bleed the water from the hose before moving it.

Jobsite Accidents - Things to Remember...

1. Call 911 if emergency medical care is needed.
2. Injured workers should be accompanied to the medical facility for treatment, as appropriate.
3. Notify your supervisor, or the main office, immediately of any injury or accident occurring at work (no matter how small)
4. GCC utilizes designated medical facilities for treatment of work related injuries
5. Post Accident and Injury drug testing is mandatory
6. Accident reports must be completed (within 24-hours) by the acting Foreman or Superintendent and provided to Julie @ the Santa Rosa Office for processing

If unsure how to proceed, or in the event of an emergency, contact Julie @ (707) 481-4812 or Damon @ (707) 953-9604

Safety Word Search

Y	F	T	C	E	P	S	N	I	O	T	Z	O	S
R	F	R	U	L	I	H	R	C	R	D	L	H	G
E	O	O	C	H	A	I	R	I	L	O	O	K	X
P	P	P	Y	Z	U	D	P	H	A	E	N	T	Z
P	O	E	A	T	L	R	D	R	S	T	A	L	B
I	R	R	Q	O	Y	M	F	E	F	A	S	N	U
L	D	H	S	Q	E	T	G	E	R	E	V	F	C
S	W	U	F	P	A	Q	W	J	D	N	G	B	Z

- | | | |
|---------|----------|--------|
| Chair | Ladder | Stairs |
| Clean | Look | Trip |
| Dropoff | Report | Unsafe |
| Hazards | Shoes | |
| Inspect | Slippery | |

SLIPS, TRIPS & FALLS

The majority of slips and falls occur because the person is not paying attention to where they are walking or what they are doing. The second cause is correctable hazards in the work place such as slippery floors, an electrical cord, a damaged ladder, or an unguarded drop-off. Some of the things you can do to protect against slips, trips and falls include:

- Making sure your work area is clean and free of debris
- Don't carry objects that block your view of where you are walking
- Inspect all ladders before use
- Clean up spills immediately
- Report identified hazards
- Make sure the soles of your shoes are not excessively worn
- Never climb on or over equipment



Thanks to...

John Peretto for reminding employees to always survey the area before beginning a procedure. "Trenching and excavation can be very dangerous if performed wrong".

Rich Dericco for discussing the importance of lining up equipment at quitting time.

Safety starts with you!

Members of the Safety Committee want to help create a program that benefits all employees. Your input is important, so please do not hesitate to speak with any of the committee members, or complete a Safety Information Form available in dispatch. The GCC Safety Newsletter will be published bi-monthly. If there is a topic that you would like to see published, contact Julie @ (707) 585-1221.